



Trail Serra do Branco

Data: 14 de Fevereiro de 2016

Localidade: Colmeias e Memória

Organização: Freguesia de Colmeias Memória

Cronometragem: Trilho Perdido Cronometragens

Classificação Geral de Trail Curto - 18km

Pos.	Dorsal	Nome	Clube	Categoria	P.Cat.	Tempo	T/Km.	Dif.
1	258	Almeida, Nélio	A.C.S.M. - Atlético Clube S. Mamede	TC Mse	1	1:31:47.29	05:06	
2	351	Silva, Bruno	SR Jardoeira/Runcrosstrail.com	TC Mse	2	1:38:45.67	05:29	0:06:59
3	256	Silvino, António	A.C.S.M. - Atlético Clube S. Mamede	TC Mve	1	1:39:41.48	05:32	0:07:54
4	291	Figueira, José	CCRD Burinhosa	TC Mve	2	1:40:01.35	05:33	0:08:14
5	331	Casaleiro, Rui	Liz Runners	TC Mve	3	1:40:53.21	05:36	0:09:06
6	329	Rosário, José	Porto de Mós a Correr	TC Mve	4	1:42:36.62	05:42	0:10:50
7	293	Amaral, Tiago	CCRD Burinhosa	TC Mse	3	1:46:27.99	05:55	0:14:41
8	243	Pereira, Helder	Clube de Atletismo de Ferreira do Zêzere	TC Mse	4	1:47:01.04	05:57	0:15:14
9	713	Gonçalves, Carlos	Évora Night Runners	TC Mse	5	1:48:51.55	06:03	0:17:05
10	397	Lacerda, Énio	LacerferRunners	TC Mse	6	1:50:35.51	06:09	0:18:49
11	340	Menino, Patricio	Airbike ac	TC Mse	7	1:50:37.42	06:09	0:18:50
12	741	Crespo, Paulo	GTeam	TC Mve	5	1:51:54.06	06:13	0:20:07
13	389	Matias, Pedro	Porto de Mós a Correr	TC Mse	8	1:52:25.99	06:15	0:20:39
14	237	Sousa, Nuno	Pocariça Runners	TC Mve	6	1:54:20.38	06:21	0:22:33
15	230	Sousa, Márcio	C.P.R. A-Do-Barbas	TC Mse	9	1:54:51.72	06:23	0:23:05
16	398	Junqueira, Luis	Individual	TC Mve	7	1:55:03.81	06:24	0:23:17
17	259	Reis, Bruno	A.C.S.M. - Atlético Clube S. Mamede	TC Mse	10	1:55:26.64	06:25	0:23:40
18	360	Lopes, José Manuel	Individual	TC Mve	8	1:55:38.18	06:25	0:23:51
19	361	Neves, Luis	Marinhais AC	TC Mse	11	1:55:40.68	06:26	0:23:54
20	246	Campos, Adriano	Pocariça Runners	TC Mve	9	1:55:42.27	06:26	0:23:55
21	235	Ferreira, Marco	Pocariça Runners	TC Mve	10	1:55:43.14	06:26	0:23:56
22	268	Duarte, José	Individual	TC Mse	12	1:56:42.27	06:29	0:24:55
23	337	Freitas, Hugo	Individual	TC Mse	13	1:57:01.47	06:30	0:25:14
24	379	Bento, Toni	Individual	TC Mve	11	1:59:08.51	06:37	0:27:22
25	323	Horta, Hugo	Leiria Marcha Atlética	TC Mse	14	1:59:38.85	06:39	0:27:52
26	716	Carreira, Rui	Grupo Atlético dos Soutos	TC Mve	12	2:00:08.35	06:40	0:28:21
27	290	Rodrigues, Mauricio	CCRD Burinhosa	TC Mse	15	2:00:21.69	06:41	0:28:35
28	359	Reis, Ezequiel	Individual	TC Mse	16	2:00:44.72	06:42	0:28:58
29	729	Ginja, Cristiano	Atletico Clube Moita da Roda	TC Mse	17	2:00:48.29	06:43	0:29:01
30	330	Neves, Pedro	Cavalinhos Runners	TC Mve	13	2:01:12.16	06:44	0:29:25
31	358	Eusébio, Leonel	Individual	TC Mve	14	2:01:47.54	06:46	0:30:01
32	255	Remédios, Anabela	A.C.S.M.- Atlético Clube S. Mamede	TC Fve	1	2:03:08.51	06:50	0:31:22
33	742	Silva, André	Batalha Bikers	TC Mse	18	2:03:49.34	06:53	0:32:02
34	365	Duarte, Joaquim	Individual	TC Mse	19	2:04:40.57	06:56	0:32:54
35	310	Saragoça, Pedro	Individual	TC Mse	20	2:04:46.10	06:56	0:32:59
36	354	Silva, Rui	Dental Racing Team	TC Mve	15	2:04:46.26	06:56	0:32:59
37	369	Andrade, João	Triatlo Clube dos Galitos	TC Mse	21	2:04:46.90	06:56	0:33:00
38	265	Morais, Joaquim	Clube Recreativo Amieirinhense	TC Mve	16	2:04:47.57	06:56	0:33:01
39	392	Isidoro, Rui	Individual	TC Mse	22	2:04:53.76	06:56	0:33:07
40	362	Leal, António	Marinhais AC	TC Mve	17	2:04:59.10	06:57	0:33:12
41	744	Santos, Manuel	Individual	TC Mve	18	2:05:11.62	06:57	0:33:25
42	219	Bagagem, Nuno	Electrofer	TC Mse	23	2:05:26.98	06:58	0:33:40

43	298	Casimiro, Filipa	Clube Sem	TC Fse	1	2:05:28.63	06:58	0:33:42
44	326	Major, Carlos	GDC Eirapedrense	TC Mve	19	2:05:32.04	06:58	0:33:45
45	371	Costa, Filipe	Joli's	TC Mse	24	2:06:08.12	07:00	0:34:21
46	718	Rodrigues, Dárcio	Grupo Atlético dos Soutos	TC Mse	25	2:06:44.00	07:02	0:34:57
47	324	Gaspar, Abílio	GDC Eirapedrense	TC Mve	20	2:06:50.36	07:03	0:35:03
48	322	Santos, Paulo	Individual	TC Mve	21	2:07:05.88	07:04	0:35:19
49	236	Martins, Vitor	Pocariça Runners	TC Mve	22	2:07:06.30	07:04	0:35:19
50	336	Santos, Renato	Individual	TC Mse	26	2:07:18.94	07:04	0:35:32
51	733	Gomes, Neuza	Slow Runners Pombal	TC Fse	2	2:07:55.65	07:06	0:36:09
52	715	Jacinto, Fernando	Grupo Atlético dos Soutos	TC Mve	23	2:07:58.05	07:07	0:36:11
53	377	Fernandes, António	Grupo Alegre Unido Bajouca	TC Mve	24	2:07:58.95	07:07	0:36:12
54	318	Silva, Ricardo	Pocariça Runners	TC Mve	25	2:08:16.33	07:08	0:36:29
55	334	Félix, Hélder	União FCI Tomar	TC Mve	26	2:08:18.31	07:08	0:36:31
56	739	Henriques, Jorge	Lourival BTTrail	TC Mse	27	2:09:11.14	07:11	0:37:24
57	712	Gonçalves, Ana	Évora Night Runners	TC Fse	3	2:09:14.87	07:11	0:37:28
58	370	Silva, Aníbal	CCRD Burinhosa	TC Mve	27	2:09:39.14	07:12	0:37:52
59	400	Rodrigues, Jorge	Individual	TC Mve	28	2:12:08.88	07:20	0:40:22
60	332	Teixera, João	Nunca...	TC Mve	29	2:12:24.00	07:21	0:40:37
61	349	Alcobia, João	CKS Karate FZZ	TC Mve	30	2:12:43.53	07:22	0:40:57
62	312	Velez, Raúl	Liz Runners	TC Mse	28	2:12:43.94	07:22	0:40:57
63	388	Orfão, Rodolfo	Sinmetro	TC Mse	29	2:12:53.61	07:23	0:41:07
64	267	Moreira, Nuno	Slow Runners Pombal	TC Mse	30	2:12:54.29	07:23	0:41:07
65	294	Cardoso, Igor	Mimosos	TC Mse	31	2:13:37.05	07:25	0:41:50
66	287	Mariano, Octávio	CCRD Burinhosa	TC Mve	31	2:15:00.00	07:30	0:43:13
67	242	Arrimar, Carlos	Individual	TC Mse	32	2:15:14.35	07:31	0:43:27
68	216	Sousa, Hugo	Electrofer	TC Mse	33	2:15:15.46	07:31	0:43:28
69	381	Correia, Pedro D. Frazão	Individual	TC Mve	32	2:15:30.73	07:32	0:43:44
70	263	Santos, Joaquim	Individual	TC Mve	33	2:15:40.75	07:32	0:43:54
71	382	Pereira, Rui	Individual	TC Mse	34	2:16:00.24	07:33	0:44:13
72	347	Santos, Diogo	Individual	TC Mse	35	2:16:49.00	07:36	0:45:02
73	281	Alves, António	Porto de Mós a Correr	TC Mve	34	2:17:05.61	07:37	0:45:19
74	380	Vilela, Sandro	Amigos do Descanso	TC Mse	36	2:17:12.63	07:37	0:45:26
75	374	Cabecinhas, Pedro	Grupo Alegre Unido Bajouca	TC Mse	37	2:17:27.63	07:38	0:45:41
76	316	Silva, Fábio Daniel	Tarahumara	TC Mse	38	2:17:52.99	07:40	0:46:06
77	317	Lopes, Cláudia Isabel	Tarahumara	TC Fse	4	2:17:54.49	07:40	0:46:07
78	335	Prudencio, Esmeraldo	LIZ Runners	TC Mve	35	2:17:58.81	07:40	0:46:12
79	308	Oliveira, José	Os Tugas Saloios	TC Mve	36	2:18:04.00	07:40	0:46:17
80	352	Torres, Cláudia	SR Jardoeira/Runcrosstrail.com	TC Fse	5	2:18:09.87	07:41	0:46:23
81	366	Belo, Luis	Individual	TC Mve	37	2:18:34.94	07:42	0:46:48
82	723	Vieira, Pedro Miguel	CSCRF Charneca	TC Mve	38	2:18:37.02	07:42	0:46:50
83	277	Inácio, Ivo	Individual	TC Mse	39	2:18:37.63	07:42	0:46:51
84	278	Mesquita, Ricardo	Scalkokas	TC Mve	39	2:18:38.04	07:42	0:46:51
85	708	Santos, José Carlos	Individual	TC Mve	40	2:18:39.33	07:42	0:46:52
86	206	Domingues, Gina	Slow Runners Pombal	TC Fve	2	2:18:53.95	07:43	0:47:07
87	239	Alfaiate, Pedro	Individual	TC Mse	40	2:19:03.71	07:44	0:47:17
88	264	Kelly, John	Atlético Clube Batalha	TC Mve	41	2:19:08.75	07:44	0:47:22
89	205	Agostinho, Antonio	Individual	TC Mve	42	2:19:33.96	07:45	0:47:47
90	720	Neves, Luis	CSCRF Charneca	TC Mve	43	2:19:53.27	07:46	0:48:06
91	319	Carreira, Pedro	Grupo Cicloturismo Barquinhense	TC Mve	44	2:20:28.94	07:48	0:48:42
92	726	Ferreira, Jorge	CSCRF Charneca	TC Mse	41	2:20:39.90	07:49	0:48:53
93	220	Melo, Marco	Electrofer	TC Mve	45	2:20:40.37	07:49	0:48:53
94	711	Ferreira, Lino Miguel	Individual	TC Mve	46	2:21:01.95	07:50	0:49:15
95	320	Costa, Pedro	Individual	TC Mve	47	2:21:44.79	07:52	0:49:58
96	233	Artilheiro, Sérgio	Individual	TC Mse	42	2:23:53.95	08:00	0:52:07
97	385	Rodrigues, Ramiro	Grupo Alegre Unido Bajouca	TC Mve	48	2:25:32.60	08:05	0:53:46
98	226	Figueira, Eduardo	O Praticante	TC Mse	43	2:26:52.51	08:10	0:55:06
99	327	Matias, José	GDC Eirapedrense	TC Mve	49	2:26:53.53	08:10	0:55:07
100	725	Matias, Miguel	CSCRF Charneca	TC Mve	50	2:26:58.98	08:10	0:55:12

101	244	Loureiro, Cláudio	ACV	TC Mse	44	2:27:12.68	08:11	0:55:26
102	272	Fernandes, Hugo	Individual	TC Mse	45	2:27:26.21	08:11	0:55:39
103	229	Gregório, José	Electrofer	TC Mve	51	2:27:33.96	08:12	0:55:47
104	375	Reis, Marco	Grupo Alegre Unido Bajouca	TC Mse	46	2:28:04.73	08:14	0:56:18
105	705	Reis, Carlos	Individual	TC Mve	52	2:28:05.58	08:14	0:56:19
106	325	Gomes, Jorge	GDC Eirapedrense	TC Mve	53	2:28:39.75	08:16	0:56:53
107	343	Gaspar, Sara	Clube Veteranos do Lis	TC Fse	6	2:29:30.69	08:18	0:57:44
108	252	Patricio, Jorge	Individual	TC Mse	47	2:30:41.85	08:22	0:58:55
109	722	Conceição, Carlos António	CSCRF Charneca	TC Mve	54	2:31:26.78	08:25	0:59:40
110	724	Lourenço, Alexandre	CSCRF Charneca	TC Mse	48	2:31:39.65	08:26	0:59:53
111	328	Ferreira, Pedro	Porto de Mós a Correr	TC Mse	49	2:32:10.12	08:27	1:00:23
112	719	Lopes, Álvaro	CSCRF Charneca	TC Mse	50	2:32:26.30	08:28	1:00:39
113	383	Gaspar, Tiago	Individual	TC Mse	51	2:32:40.46	08:29	1:00:53
114	384	Silva, Hugo	Individual	TC Mse	52	2:32:42.82	08:29	1:00:56
115	710	Pinto, Leonel	Individual	TC Mve	55	2:32:51.22	08:30	1:01:04
116	304	Ferreira, Gonçalo	Batalha Bikers	TC Mse	53	2:33:53.00	08:33	1:02:06
117	376	Alberto, Virgílio	Grupo Alegre Unido Bajouca	TC Mve	56	2:34:40.10	08:36	1:02:53
118	273	Bernardino, João	Devagar, devagarinho...	TC Mve	57	2:35:06.07	08:37	1:03:19
119	275	Nascimento, Rui	Devagar, devagarinho...	TC Mve	58	2:35:26.95	08:38	1:03:40
120	321	Calado, José	Grupo Cicloturismo Barquinhense	TC Mse	54	2:36:22.57	08:41	1:04:36
121	706	Lourenço, Hugo	Individual	TC Mse	55	2:36:23.07	08:41	1:04:36
122	283	Monteiro, Marco	Individual	TC Mve	59	2:37:44.17	08:46	1:05:57
123	709	Francisco, Tiago Lopes	Individual	TC Mse	56	2:38:14.10	08:47	1:06:27
124	254	Moreira, Susana	Slow Runners Pombal	TC Fse	7	2:39:17.01	08:51	1:07:30
125	732	Oliveira, Daniel	Individual	TC Mse	57	2:39:36.20	08:52	1:07:49
126	357	Oliveira, Guilherme	SCP Guilherme	TC Mse	58	2:39:36.68	08:52	1:07:50
127	249	Domingues, Sílvia	Slow Runners Pombal	TC Fse	8	2:39:45.46	08:53	1:07:58
128	743	Lobo, Angelo	All-Titudes Trail Team	TC Mse	59	2:40:14.06	08:54	1:08:27
129	245	Crespo, Diogo	Individual	TC Mse	60	2:40:40.25	08:56	1:08:53
130	250	Rodrigues, Miguel	Individual	TC Mse	61	2:40:41.34	08:56	1:08:54
131	208	Redinha, Ivan	Electrofer	TC Mse	62	2:42:06.55	09:00	1:10:20
132	201	Gaspar, Carlos	Gaspar & Costa	TC Mve	60	2:42:27.98	09:02	1:10:41
133	399	Ferreira, João	Individual	TC Mse	63	2:43:37.20	09:05	1:11:50
134	207	Santos, Gonçalo	Electrofer	TC Mse	64	2:43:37.85	09:05	1:11:51
135	396	Mota, Ruben	Individual	TC Mse	65	2:43:41.85	09:06	1:11:55
136	704	Goucha, André	Casa Persa	TC Mve	61	2:43:59.13	09:07	1:12:12
137	364	Lopes, Jorge Gaspar	Individual	TC Mve	62	2:44:00.46	09:07	1:12:13
138	247	Dionisio, João	Individual	TC Mse	66	2:44:06.30	09:07	1:12:19
139	703	Gonçalves, Dúlio	Casa Persa	TC Mse	67	2:45:11.94	09:11	1:13:25
140	292	Pedroso, Telmo	CCRD Burinhosa	TC Mve	63	2:46:04.72	09:14	1:14:18
141	218	Sousa, Carlos	Electrofer	TC Mse	68	2:46:22.28	09:15	1:14:35
142	224	Ribeiro, Anabela	Individual	TC Fve	3	2:46:36.68	09:15	1:14:50
143	214	Hilário, Luis	Electrofer	TC Mve	64	2:46:48.59	09:16	1:15:02
144	241	Lopes, Flô	Individual	TC Fve	4	2:47:07.82	09:17	1:15:21
145	350	Joaquim, Miguel	CKS Karate FZZ	TC Mse	69	2:48:24.31	09:21	1:16:37
146	391	Baltazar, Miguel	Clube Sem	TC Mse	70	2:48:38.85	09:22	1:16:52
147	288	Conceição, Luis	Individual	TC Mve	65	2:48:40.51	09:22	1:16:54
148	221	Borges, Lúgia	Electrofer	TC Fse	9	2:48:57.29	09:23	1:17:10
149	251	Areia, Luisa	Individual	TC Fse	10	2:48:57.62	09:23	1:17:11
150	217	Barqueiro, Hugo	Electrofer	TC Mse	71	2:48:59.87	09:23	1:17:13
151	300	Silva, José Bertolino	Individual	TC Mve	66	2:49:49.33	09:26	1:18:02
152	306	Jorge, Michael	Os Tugas Saloios	TC Mse	72	2:51:00.71	09:30	1:19:14
153	353	Passadouro, Fernando	Os Matarruanos	TC Mse	73	2:51:46.07	09:33	1:19:59
154	356	Neves, Bruno	Os Matarruanos	TC Mse	74	2:51:46.41	09:33	1:19:59
155	333	Costa, Luis	Nunca...	TC Mve	67	2:52:23.27	09:35	1:20:36
156	734	Sismeiro, Frederico	Individual	TC Mve	68	2:54:02.72	09:40	1:22:16
157	261	Silva, Daniel	Individual	TC Mse	75	2:55:18.59	09:44	1:23:32
158	727	Luisa, Maria	Individual	TC Fve	5	2:55:55.42	09:46	1:24:08

159	355	Conde, Fidel	Individual	TC Mse	76	2:55:55.96	09:46	1:24:09
160	307	Oliveira, Teresa	Os Tugas Saloios	TC Fve	6	2:56:42.58	09:49	1:24:56
161	346	Silva, Carlos	Individual	TC Mse	77	2:57:45.06	09:53	1:25:58
162	348	Henriques, Fábio	Individual	TC Mse	78	2:57:45.28	09:53	1:25:58
163	269	Joaquim, António	CKS Karate FZZ	TC Mve	69	2:57:55.30	09:53	1:26:08
164	728	Vieira, João	Individual	TC Mse	79	3:00:13.94	10:01	1:28:27
165	305	Jorge, Patricia	Os Tugas Saloios	TC Fse	11	3:00:31.83	10:02	1:28:45
166	730	Lobão, Ana Raquel	Crossed CrossfitMachines	TC Fse	12	3:00:43.61	10:02	1:28:57
167	228	Furtado, Antónia	O Praticante	TC Fve	7	3:00:46.60	10:03	1:29:00
168	225	Figueira, Carlos	O Praticante	TC Mve	70	3:01:35.16	10:05	1:29:48
169	232	Figueira, Carla	O Praticante	TC Fse	13	3:01:35.33	10:05	1:29:48
170	286	Nunes, Jaime	Biscoitos	TC Mve	71	3:01:59.32	10:07	1:30:12
171	285	Nunes, Dina	Biscoitos	TC Fve	8	3:02:00.55	10:07	1:30:14
172	731	Torres, Ana Carolina	Crossed CrossfitMachines	TC Fse	14	3:03:18.04	10:11	1:31:31
173	302	Rodrigues, Rui Jorge	Individual	TC Mse	80	3:03:28.46	10:12	1:31:41
174	301	Brites, Filipa Pereira	Individual	TC Fse	15	3:03:29.46	10:12	1:31:42
175	234	Fernandes, Mónica	Slow Runners Pombal	TC Fse	16	3:06:33.25	10:22	1:34:46
176	740	Araújo, Paulo	Slow Runners Pombal	TC Mve	72	3:06:33.94	10:22	1:34:47
177	367	Ramos, José	Clube de Atletismo	TC Mve	73	3:08:56.95	10:30	1:37:10
178	211	Pires, Andreia	Electrofer	TC Fse	17	3:13:59.00	10:47	1:42:12
179	212	Ferreira, Fábio	Electrofer	TC Mse	81	3:13:59.23	10:47	1:42:12
180	227	Silva, David	O Praticante	TC Mve	74	3:15:24.81	10:51	1:43:38
181	276	Correia, Romão	Devagar, devagarinho...	TC Mse	82	3:15:25.11	10:51	1:43:38
182	284	Luis, Diana	Free Runners	TC Fse	18	3:17:23.21	10:58	1:45:36
183	311	Moreno, António	Individual	TC Mve	75	3:18:24.29	11:01	1:46:37
184	309	Silva, Maria	Os Tugas Saloios	TC Fve	9	3:19:40.21	11:06	1:47:53
185	315	Domingos, Inês	Trilho Perdido Eventos/Nutrimania	TC Fse	19	3:20:50.27	11:09	1:49:03
186	345	Moreira, Henrique	Individual	TC Mse	83	3:23:33.58	11:19	1:51:47
187	390	Sacramento, Daniel	Individual	TC Mse	84	3:23:34.72	11:19	1:51:48
188	363	Branco, Ana	Dentoral Racing Team	TC Fse	20	3:25:24.20	11:25	1:53:37
189	213	Henriques, Paulo	Electrofer	TC Mse	85	3:29:04.85	11:37	1:57:18
190	215	Silva, Nelson	Electrofer	TC Mse	86	3:29:05.25	11:37	1:57:18
191	393	Cardoso, André	Individual	TC Mse	87	3:54:20.07	13:01	2:22:33
192	282	Manuel, Elisete	O Praticante	TC Fve	10	3:54:20.83	13:01	2:22:34
193	262	Jorge, Cátia	Individual	TC Fse	21	4:04:12.69	13:34	2:32:26
194	260	Gameiro, Mariline	Individual	TC Fse	22	4:04:25.25	13:35	2:32:38

Classificação Geral de Trail Longo - 30km

Pos.	Dorsal	Nome	Clube	Categoria	P.Cat.	Tempo	T/Km.	Dif.
1	143	Mota, Luís	CBA	TL Mve	1	2:38:56.67	05:18	
2	149	Maia, Tony	Ourém Vida Team	TL Mse	1	2:43:44.00	05:27	0:04:47
3	106	Gaio, Francisco	Fisio-Massagem	TL Mve	2	2:55:03.65	05:50	0:16:07
4	119	Capela, Germano	Clube Atletismo Barreira	TL Mve	3	2:58:13.36	05:56	0:19:16
5	103	Ferreira, Aquilino	Gaspar & Costa	TL Mve	4	3:01:01.68	06:02	0:22:05
6	145	Ferreira, Ricardo	Trilhos dos Templários	TL Mse	2	3:01:45.15	06:04	0:22:48
7	114	Gabriel, Pedro	Pocariça Runners	TL Mse	3	3:02:00.58	06:04	0:23:04
8	140	Coelho, Nuno	Lourival BTTrail	TL Mse	4	3:03:48.27	06:08	0:24:51
9	101	Carreira, Patrícia	Juventude Vidigalense	TL Fse	1	3:03:52.01	06:08	0:24:55
10	150	Marquês, Tobias	CRP - Ribafria	TL Mse	5	3:12:21.11	06:25	0:33:24
11	146	Filipe, Marco	Não faço nem mais um km	TL Mve	5	3:12:55.83	06:26	0:33:59
12	121	Sanches, João	Soconcalma	TL Mve	6	3:13:01.59	06:26	0:34:05
13	105	Soares, António	O Praticante	TL Mve	7	3:18:20.30	06:37	0:39:23
14	116	Neves, Pedro	Individual	TL Mve	8	3:22:18.48	06:45	0:43:21
15	153	Pissarra, Pedro	Juventude Vidigalense	TL Mse	6	3:24:26.09	06:49	0:45:29
16	151	Francisco, Gonçalo	Já fomos	TL Mse	7	3:25:36.50	06:51	0:46:40
17	113	Salgueiro, André	Pocariça Runners	TL Mse	8	3:26:40.82	06:53	0:47:44
18	148	Bandeira, Filipe	Já fomos	TL Mse	9	3:26:49.86	06:54	0:47:53

19	137	Carreira, Manuel	Clube Veteranos do Lis	TL Mve	9	3:29:14.02	06:58	0:50:17
20	124	Matias, Cláudio	Individual	TL Mse	10	3:31:02.15	07:02	0:52:05
21	141	Calado, Luís	Clube Veteranos do Lis	TL Mse	11	3:32:30.22	07:05	0:53:33
22	134	Fonseca, José	União F.C.I. Tomar	TL Mve	10	3:34:01.45	07:08	0:55:04
23	138	João, Eurico	Free Runners	TL Mse	12	3:34:28.91	07:09	0:55:32
24	125	Lopes, Emanuel	Porto de Mós a correr	TL Mve	11	3:35:05.70	07:10	0:56:09
25	133	Morgado, Nuno	Bike Zone Leiria	TL Mve	12	3:35:10.38	07:10	0:56:13
26	155	Gonçalves, Ricardo Alexandre	Crivo Running Team	TL Mve	13	3:36:31.51	07:13	0:57:35
27	118	Deyllot, Rodolfo	Porto de Mós a Correr	TL Mve	14	3:37:14.38	07:14	0:58:17
28	108	Augusto, Alvaro	Tartarugas do Alviela	TL Mve	15	3:37:55.69	07:16	0:58:59
29	115	Pinto, Carlos Pinto	Casa do Povo de Alcanena	TL Mve	16	3:37:55.87	07:16	0:58:59
30	152	Pais, Francisco	O Mundo da Corrida	TL Mve	17	3:38:52.58	07:18	0:59:56
31	130	Moita, Nuno	Individual	TL Mse	13	3:39:37.79	07:19	1:00:41
32	123	Monteiro, Ricardo	Clube Veteranos do Liz	TL Mve	18	3:43:19.65	07:27	1:04:23
33	154	Moreira, Daniel Filipe	Crossed CrossfitMachines	TL Mse	14	3:47:01.11	07:34	1:08:04
34	142	Martins, José	Clube Veteranos do Lis	TL Mve	19	3:49:06.12	07:38	1:10:09
35	135	Costa, Ismael	Free Runners	TL Mse	15	3:52:16.26	07:45	1:13:19
36	144	Valentín, Paulo	CRP - Ribafria	TL Mve	20	3:55:17.07	07:51	1:16:20
37	127	Almeida, Carmen	Serviços Sociais Montepio Geral	TL Fse	2	3:58:42.48	07:57	1:19:45
38	112	Pimenta, Bruno	Free Runners	TL Mse	16	4:07:31.28	08:15	1:28:34
39	104	Viegas, Alexandre	Individual	TL Mse	17	4:12:02.70	08:24	1:33:06
40	131	Reis, Sónia	NEL - Pédatleta	TL Fve	1	4:17:18.44	08:35	1:38:21
41	120	Fazenda, Miguel	Individual	TL Mse	18	4:17:35.01	08:35	1:38:38
42	110	Chaveiro, Luís	Individual	TL Mve	21	4:22:04.46	08:44	1:43:07
43	139	Maia, Anselmo	Individual	TL Mve	22	4:30:37.25	09:01	1:51:40
44	109	Paulo, Rodrigo	Individual	TL Mse	19	4:36:51.27	09:14	1:57:54
45	129	Serra, Leonel	Individual	TL Mse	20	4:36:52.50	09:14	1:57:56
46	117	Santos, Anabela	Individual	TL Fve	2	4:56:57.00	09:54	2:18:00
47	147	Portela, Sofia	Não faço nem mais um km	TL Fse	3	5:13:41.00	10:27	2:34:44